

*Join the*

# Mental Health and Well-Being

Parent Partnership Committee



## ***Join a committee of parents/ caregivers across the TDSB that:***

- Increases awareness of the importance of Mental Health and Well-Being and the impact this may have on a child's/youth's overall success in school and in life.
- Creates a better understanding that all members of the school community can benefit from Mental Health and Well-Being awareness and positive mental health practices. Supports parents & guardians to recognize and understand the signs and symptoms of mental health problems.
- Helps parents/guardians to understand the various pathways for support, both within the TDSB and with culturally responsive and identity affirming community partner agencies.

***Building on positive relationships between parents/caregivers and the board, encouraging conversation, focussed on improving Mental Health & Well-Being in the TDSB***

***Join with link:***

***<https://meet.google.com/oeo-phsg-ynz>***

***6:30 PM- 8:00 PM***

***2023/24 Dates***

***Monday, September 18***

***Monday, October 16***

***Monday, November 20***

***Monday, December 18***

***Monday, January 15, 2024***

***Monday, February 2, 2024***

***Monday, March 18, 2024***

***Monday, April 15, 2024***

***Monday, May 13, 2024***

***Monday, June 17, 2024***

**Questions? Contact [imani.hennie-hamadi@tdsb.on.ca](mailto:imani.hennie-hamadi@tdsb.on.ca) or [annette.grossi@tdsb.on.ca](mailto:annette.grossi@tdsb.on.ca)**

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