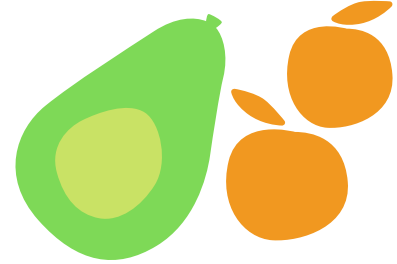


TDSB STUDENT NUTRITION

DEPARTMENT NEWSLETTER

FALL ISSUE 4 | OCTOBER 2022



Support from Trustee Stephanie Donaldson, Ward 9

Student nutrition programs are so important to our kids' access to health and well-being, academic achievement, and belonging. The sheer numbers of volunteers, advocates, staff, funders, donors and partners is a testament to the support for these critical programs. But, as we know with all matters related to child health and well-being, we can't take this support for granted.

I am proud to be a champion for student nutrition programs and, having served on Toronto's Board of Health the last few years, have experienced the effective advocacy of communities and leaders in keeping student nutrition programs and funding sustainable. I invite all of us to continue to engage our communities to support and sustain access to healthy food for our students. We know the incredible outcomes available to our students through nutrition - so let's keep talking about it!

SNP Funding Appeal & Late Applications Deadline - October 28th

The deadline for late Applications and Appeals for 2022/23 funding is Friday October 28th, at 4 p.m. If your student numbers have increased or you have not previously applied for funding, this is the time to act. Principals must use the City of Toronto online (TGRIP) system to appeal or apply. If you need assistance, please contact your Nutrition Liaison Officer for support.



Hani Mohamed, Highland Heights JPS

NUTRITION LIAISON OFFICERS



Michelle Murdock - Learning Centre 1
(647) 542-5550
michelle.murdock@tdsb.on.ca



Mary Molinaro - Learning Centre 2
(416) 788-1520
mary.molinaro@tdsb.on.ca



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(416) 428-0504
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Lynne Martens - Learning Centre 4
(416) 659-5633
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Visit our webpages at:

<https://www.tdsb.on.ca/Elementary-School/Supporting-You/Student-Nutrition>

Somali Heritage Month

Hani Mohamed, Nutrition Co-ordinator at Highland Heights JPS says: "October is Somali Heritage Month and as a proud Somali Canadian, I want to share information about my country. Did you know that one of Somalia's largest export is bananas? In Somalia it is common to eat bananas with every meal! I hope that this month brings you closer to Somali students, caregivers, staff and community members alike."

Welcome parent volunteers!

Parent volunteers with cleared police checks are welcome to join SNP programs to assist with daily activities and build skills, while contributing to student well being. NLO's can assist with recruitment and support.

TDSB Student Nutrition Office - 416 394 7447 or susithra.venkatesh@tdsb.on.ca



Robert Service SPS
Food as a Right series

Eco Club Impact

Eco Clubs in schools empower students to take up meaningful environmental causes and projects. Discussions among students, parents and communities can lead to school gardens and audits for waste reduction with nutrition teams. School Eco Clubs make our students aware of air, water and soil; to save the environment and food sources for a better tomorrow.

SNPs Before and After COVID - Essential!

During the last 2 years, SNP's modified their delivery models and menus to ensure safety requirements were met. Happily, this September, most SNP programs have safely reopened and returned to pre-COVID practices as public health restrictions have lifted. Many schools are benefitting from student and parent volunteers, food preparation on site and less waste. Unfortunately, increased food costs are negatively affecting SNP's (and families) and access to food at school is more important than ever. Parent donations and additional support from our partner TFSS has helped schools to continue to provide fresh fruit, vegetables and other healthy snacks to students.



Student Volunteers at Runnymede CI

SNPs & Public Health Inspectors

In 2022-2023, public health inspectors will start their work with student nutrition programs by offering a consultation, rather than a food safety inspection, whenever possible. The purpose of the consultation is to understand how the student nutrition program operates and to keep it operating using safe food handling practices. An inspector will contact the Principal to arrange for a consultation. If, following consultation, changes to the program are required, a Public Health Dietitian will be available to support menu planning. Contact dinesafe@toronto.ca for food safety questions.



Oakridge PS Eco Club
School Garden

Student Volunteers Run High School Breakfasts

Runnymede CI students prepare delicious daily offerings like grilled cheese and quesadillas and are brainstorming new menu ideas for the Breakfast Club. Student volunteers completed Public Health Food Safety training. All Runnymede students can enjoy food together before class with a lively playlist provided by teacher, Karen McCrimmon who oversees the Breakfast program and volunteers. Grab & Go Breakfast is run by students at Monarch Park CI. Student volunteers get up early to offer a variety of fruit, whole grain and dairy items in the foyer. These items are also available throughout the school day. Student volunteers make decisions about food orders, communications and volunteer schedules with the guidance of teachers Karen Doherty-Ross and Nuria Robles Evans. Thanks to all SNP volunteers for making school mornings nourishing and fun!